

Wellbeing Service

The wellbeing service is a free service that offers support and advice to adults 18 and over.

How can I get involved?

You can self-refer, be referred by a medical professional or by someone within the school.

Where is the service based?

The service is across North East Lincolnshire, there are wellbeing workers based at:

- Roxton Medical Practise.
- Family Hubs

All wellbeing workers are qualified within different areas surrounding health.

There are also specialist workers that cover:

- Mental health
- Smoking in pregnancy
- Smoking
- Weight management

For more information please take a leaflet, or speak to a member of the Healthy Places Team

Mrs Holdsworth, Mrs Batty, Mrs Judge and Mrs Haynes