

COOMB BRIGGS PRIMARY SCHOOL

Inspire, Enjoy, Achieve

Royal Drive, Immingham, N.E. Lincolnshire DN40 2DY

Headteacher : Helen Redmond BA Hons QTS

Tel: 01469 572584

Website: www.coombriggsprimary.co.uk



11th March 2021

Dear Parent/Carer

During the Summer Term children throughout the school will be taught the units specific for their year group for RSE (relationship and sex education), this is compulsory. This will be taught slightly differently to usual as the statutory guidelines have changed.

As a school we have worked hard over the past couple of years to re-write the policy and ensure staff are fully equipped to deliver the new content.

The policy was written in consultation with parents. Please see the link for the policy below:
<http://www.coombriggsprimary.co.uk/documents/policies/Relationships%20and%20Sex%20Education%20Policy.pdf>

Children will also be taught Health Education, please see the link to the policy below:
<http://www.coombriggsprimary.co.uk/documents/policies/Health%20Education%20Policy.pdf>

Please see below an outline of what your child will be taught in each year group.

Year group	What is being covered
Year 1	Our bodies- Children will learn the correct names for boys and girls body parts, and discuss how boys and girls are different. They will learn the importance of keeping 'private parts' private. They will learn about respecting other people and that 'no' means no. They will discuss different types of families and look at how they change as they get older.
Year 2	Growing up- Children will discuss some of the content taught in Year 1. Children will also learn about trusted adults and how to deal with certain situations. They will talk about their 'private parts' being private. Children will start to learn about puberty- looking at keeping clean and good hygiene.
Year 3	My body, my choice- Children will look at appropriate and inappropriate touch and will revisit 'private parts'.
Year 4	Growing up- Children will start to look at human reproduction and how life evolves. They will look at changes in girls (including periods), changes in boys (puberty). They will also look at relationships and families (this will look at same sex couples, single families, adoptive families etc). Children will also learn about where they come from (this will look at how babies are born and talk about the egg and sperm that are needed to make a baby).



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Year 5	My body- Children will look at puberty in terms of hygiene and they will discuss wanted and unwanted contact from others. They will also look at what to do if they are worried about a friend. They will look at what harmful substances are and how to take care of their bodies.
Year 6	Growing up- Children will talk about how their bodies are changing discussing body parts. They will discuss relationships (different types-this will look at LGBT). Children will learn about human reproduction and understand what is meant by the term 'sex'. They will learn about the laws and how they can keep safe.

All lessons will be taught in line with the new government guidelines and teachers will be sensitive with how they approach different topics. The lessons are designed to prepare children for life outside of school and educate them to make safe choices.

Other topics children will learn are:

- Internet safety and the challenges presented with social media.
- Mental health and wellbeing and how to look after yourself

If you have any queries please do not hesitate to contact me. You can send me a message via Class Dojo or you can telephone me on 01469 572584 if you wish to discuss anything further.

Kind Regards

Mrs Holdsworth