



COOMB BRIGGS PRIMARY SCHOOL

WORKING WITH 'BIG TALK'

Dear Parents/Carers

In order to deliver our S.R.E. (Sex and Relationship Education we have engaged with a professional service called Big Talk. We want our Parents/Carers to have an opportunity to meet the team and preview and discuss the content first. We urge you to attend, as your opinions matter to us and the meeting will better equip you to support your child with the programme.

Thank you **Helen Redmond Headteacher** **Mrs Holdsworth PSHE Lead**

Please note that this meeting is for Parents/Carers and not for children.



Monday 21st May 2018 AT COOMB BRIGGS AT 4.30 P.M.

Growing up and keeping safe ~ a “Whole School Approach”

Research tells us that Children want their parents to be the first people to talk to them about their bodies, changes, growing up and relationships etc. Yet many parents tell us they lack the confidence to answer their children's questions adequately.

School is here to help; we are engaging the support of the specialist organisation Big Talk Education. They have been involved in delivering age appropriate education for over 20 years and work with 3 ~ 18 year olds, they also deliver training for Professionals and Workshops for Parents and Carers.

Below is the Programme that will be delivered to the Children by Big Talk Education it reflects the **Ofsted and SEF recommendations**. Along with Big Talk Education, it is our belief that every child deserves to be kept safe through knowledge and understanding. Here is an outline of what will be covered:

Age 3 Nursery

At this age children are taught in the differences between boys and girls, naming private body parts, what areas should not be touched (unless the child is happy and gives consent) and who to tell if this happens.

Ages 4-8 (Reception ~ School Years 1, 2 and 3) A recap of Nursery input, plus we use specially drawn cards which show situations which are ok “thumbs up” or which may be risky (e.g. other children or adults taking inappropriate photographs of them) “thumbs down” and who they can talk to if they have any concerns.

Ages 8-9 (School Year 4) We cover different kinds of families, similarities and differences between boys and girls, the emotional and physical changes of growing up (puberty) and how babies are made, then develop in the womb etc. (reproduction). Looking after our bodies and how to be safe and healthy are also discussed

Ages 9-11 (School Years 5 and 6) Reproduction and puberty are re-capped, the children are given the opportunity to ask questions. They will often want more details on how babies develop and are born. Sometimes they ask if people can get germs from sex and how they can be prevented or there may be curiosity about feelings or body image, each group is different. Again it is important they know there is someone in school as well as at home if they want help, advice or information about puberty, reproduction etc. (Information at this stage is vital to protect them as they move onto Senior School.

All the resources Big Talk Education use are age appropriate and help keep children protected from unwanted touches, abuse, exploitation and inappropriate images etc. Research now shows that children receiving this type of education are three times more likely to speak out if they are touched inappropriately etc (www.bbc.co.uk/news/education-32321204).

On 21st May a Facilitator from Big Talk Education will cover in greater detail what is included and the vital role Parents/Carers can play in keeping their children safe both now and into their teenage years. There will also be an opportunity to ask any questions as a small group or individually

The book that accompanies this Programme “Bodies, Babies and Bellybuttons” will be available to purchase at the meeting at the discounted price of £8 (20% reduction on the usual on-line price of £9.99).

It is usual for all children to attend these sessions but if you do not want your child to be present once you have attended the meeting please notify us in writing prior to the day of delivery. The sessions will be delivered week commencing 24th May 2018.

Please complete and the slip attached to your Class Teacher by Friday 4th May 2018.

**I/we will be attending the meeting for Parent/Carers meeting on
Monday 21st May 2018 4.30 p.m.**



My Name _____

Name(s) of child(ren) _____ **Year Group(s)** _____

Unfortunately I/we are unable to attend this meeting.