

# Spooktacular

## October Half Term

with Lincs Inspire



About...

## Lincs Inspire

Lincs Inspire Limited is a registered charity inspiring people to lead more active and healthy lives.

### Lincs Inspire Limited

Bradley Football Development Centre, Bradley Road,  
North East Lincolnshire, DN37 0AG.

Lincs Inspire Limited is a registered Charity. Charity No: 1169071

 [facebook.com/lincsinspire](https://www.facebook.com/lincsinspire)

 [@LincsInspire](https://twitter.com/LincsInspire)

email: [enquiries@lincsinspire.com](mailto:enquiries@lincsinspire.com)

[www.lincsinspire.com](http://www.lincsinspire.com)

Lincs  
**Inspire**  
Leisure • Libraries • Entertainment

Multi-Sports, Football, Dance, Reading,  
Swimming, Arts & Crafts, **Plus much more!**

[www.lincsinspire.com](http://www.lincsinspire.com)



# welcome

Lincs Inspire is back  
 this October half  
 term with activities  
 and courses for  
 children of  
 all ages.

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Our new 10-day **Active Leisure Pass for £10** can be used in all of our leisure centres for unlimited swimming and gym activity during set times. We're also back with some firm favourites including our supervised holiday activities, crash course swimming lessons and library reading groups with a spooktacular theme! And why should children have all the fun? See our activities and events for adults. **Get active and have fun with Lincs Inspire!**

All details are correct at the time of going to print. You may wish to check that an event is going ahead at the scheduled date, time and venue in advance of your journey. See back page for contact details.

All activity details at [www.lincinspire.com/enterprise/HolidayActivities](http://www.lincinspire.com/enterprise/HolidayActivities)

### SPORTS DEVELOPMENT – CONSENT FORM - PERSONAL DETAILS

FULL NAME:		MALE	FEMALE
DATE OF BIRTH:	AGE:		
HOME ADDRESS:		POSTCODE:	
CONTACT NUMBER:	MOBILE:		
EMAIL ADDRESS:			
SCHOOL OR COLLEGE:		SCHOOL YEAR:	
I give consent for Lincs Inspire to contact me by SMS/e-mail with information about their sports activities and events.			

### DISABILITY / MEDICAL INFORMATION

Would you consider your child to have a disability?	YES	NO
If yes, please state the type of disability and if any special considerations are needed:		
Does your child have any medical information we should be aware of?	YES	NO
If yes, please state:		
I give permission for my child to swim as part of the activities. They must be aged 8 years old or over and a competent swimmer.	YES	NO
I give permission for my child to take part in outdoor activities, weather permitting. Please give consideration to sunscreen and provide appropriate clothing. If you tick 'no' your child will only be allowed to take part in indoor activities.	YES	NO

### EMERGENCY CONTACT INFORMATION

PRIMARY CONTACT:		
Name:	Relationship to child:	Contact No:
ALTERNATIVE CONTACT:		
Name:	Relationship to child:	Contact No:

I confirm that I am authorised to give permission to provide consent for the above named participant and as such I agree to let them take part in the Lincs Inspire Ltd Sports Development Activity. I understand that Lincs Inspire Ltd are under no liability in respect of any loss or injury, which they may sustain, other than death or personal injury resulting from negligent acts of its employees or agents. I authorise emergency treatment to be administered if necessary during the activity by the appropriate person/people. I consent to photographs being taken during the activity which may be used in any publicity/promotional material including web pages and all social media websites produced by Lincs Inspire Ltd.

Lincs Inspire Ltd recommend that all participants wear the correct protective equipment/footwear at all sessions and failure to do so is at your own risk.

Signed (parent/guardian/carer):	Date:
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Needed for all activities listed on pages 4 and 5 of this booklet.

# Adult activities

Don't let the kids have all the fun! Join us for a spooky event in one of our libraries or join in with one of our fun, fitness classes at a Lincs Inspire leisure centre.

## Scared Reading Group at Lincs Inspire Libraries

Immerse yourself in the works of the master of horror Stephen King.

**Monday 23 October at Waltham Library from 6pm-7pm**

**Tuesday 24 October at Immingham Library from 6pm-7pm**

**Thursday 26 October at Cleethorpes Library from 6pm-7pm**

**Friday 27 October at Grimsby Library from 6pm-7pm**

No booking required. The event is FREE.

Under sixteens must be accompanied by a responsible adult.

## Over 50s Badminton at Grimsby Leisure Centre sports hall

**Tuesday 24 October from 11am-1pm | Thursday 26 October from 12 noon-2pm**

A social, low impact session. Coaches will provide instruction and supervised practice in the basic technique of badminton. £3 per person.

## Walking Netball at Grimsby Leisure Centre sports hall

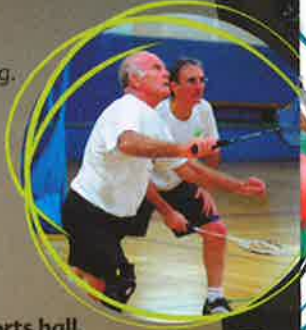
**Friday 27 October from 11am-12 noon**

Netball but at a walking pace. Anyone can play, regardless of ability or fitness level. Suitable for those aged 50 plus. Come along and give it a try! £3.00 per person.

## Paranormal Tales at Cleethorpes Library

A talk by Stephen Wade, writer and storyteller with an interest in paranormal tales and investigations. **Tuesday 31 October from 5pm-7pm**

All tickets £3.50. Places may be limited so it is advisable to book a seat in advance by contacting the library on (01472) 323650.



# Libraries

## Little Readers

Come along and enjoy "Winnie the Witch" stories and crafts.

**Monday 23 October from 9:30am-11am at Cleethorpes Library**

**Tuesday 24 October from 10am-11am at Waltham Library**

**Wednesday 25 October from 9:30am-11am at Cleethorpes Library**

**Wednesday 25 October from 9:30am-11am at Grimsby Library**

**Wednesday 25 October from 10am-11am at Immingham Library**

**Thursday 26 October from 10:30am-11:30am at Waltham Library**

**Friday 27 October from 2pm-3pm at Immingham Library**

Free drop-in sessions for **under 5s** and their parents or carers with play, stories, songs and a craft. No need to book.



## Chatterbooks

Join our spooky Chatterbooks sessions for stories and crafts on the theme of Zombies and Witches.

**Saturday 21 October from 11am-12 noon at Grimsby Library**

**Tuesday 24 October from 3:30pm-4:30pm at Waltham Library**

**Wednesday 25 October from 4pm-5pm at Cleethorpes Library**

**Thursday 26 October from 4pm-5pm at Immingham Library**

Free drop-in sessions for children aged between **7 and 11**. Discuss books, take part in activities linked to reading and have fun. No need to book.

## Family Halloween Party

Join us for spooky Halloween games, activities and crafts.

**Monday 23 October at Grimsby Library**

**Tuesday 24 October at Immingham Library**

**Thursday 26 October at Waltham Library**

**Friday 27 October at Cleethorpes Library**

Fun for all the family. Fancy dress is optional. Drop-in between 2pm to 4pm. No booking required. The cost is £1 per person (all ages welcome).

## Arts and Crafts

Come and join in our spooktacular arts and crafts session at **Cleethorpes Library** and make some creepy creations.

**Saturday 28 October from 10am-12 noon and 1pm-3pm.**

Frightening good fun for all the family. Suitable for ages five plus. Under-fives must be accompanied by an adult. £3.50 per person. Booking is essential. Please call (01472) 323650.





# Sports



# Grimsby Auditorium



## Holiday Activities

at Cleethorpes Leisure Centre

Wednesday 25 October

Friday 27 October

Children aged five and above love our multi-sports activity days! Fully supervised session. Activities include badminton, football, netball, swimming\*, street dance, parkour, sessions in the junior gym\* and arts and crafts. \*minimum age 8 years.

### Times and costs:

**Early bird bolt-on**  
from 8:30am - 10am **£2.50**

**Main activity session**  
from 10am - 3pm **£10**  
Please bring a packed lunch.

**Extra time bolt-on**  
from 3pm - 4:30pm **£2.50**

**Final whistle bolt-on**  
from 4:30pm - 5pm **£1**

## Football Days

at Oasis Academy  
Immingham

Monday 23 October from 10am-3pm

Tuesday 24 October from 10am-3pm

Mad for football? Our coaches can help you improve your skills on the pitch at these action-filled and fun-packed football days.

**For ages five years plus. £6 per person.**  
Please bring a packed lunch.

## Multi-Sports

at New Waltham Academy

Monday 23 October from 10am-3pm

There's no time for boredom at our multi-sports sessions which include dodgeball, hockey, cricket, football and rounders!

**For ages five plus. £7.50 per person.**  
Please bring a packed lunch.

## The Wizard of Oz

Wednesday 25 October at 7:30pm

The Wizard of Oz is an enchanting adaptation of the all-time classic. Developed from the much-loved L. Frank Baum story — this fast paced, colourful musical — features all the favourite characters and iconic moments, plus an exciting mix of familiar songs and original compositions. Starring Jen Pringle from Channel 5's Milkshake as Dorothy!

Tickets £15.50 / Family Ticket: (2 adults & 2 children) £54.00 / Theatre card & Seniors £2.00 off per ticket / Babes in arms (children under 3 years) Free admission & will sit on your knee.

## Liz Pichon and the Tom Gates Brilliant Bands and Doodle Live Tour

Thursday 26 October at 1pm

Join Liz as she presents Tom Gates Brilliant Bands and Doodle Live Tour, a hugely fun-packed & INTERACTIVE monster drawing event with live music! Bring a pencil and paper, learn to doodle just like Tom and hear DUDE3 Tom's FAVOURITE band in the whole WIDE world play some excellent tunes.

Tickets Adult and Children £17.00 / Limited Family Tickets Available (4 persons must include 1 adult) £60.00. Under 14s must be accompanied by an adult of 18 years.

### Booking details for either of these events:

- 1 Grimsby Auditorium Box Office: 0300 300 0035
- 2 Online [www.grimsbyauditorium.org.uk](http://www.grimsbyauditorium.org.uk)
- 3 In person at the Grimsby Auditorium. Pay cash for no booking or transaction fees
- 4 Call into the Cleethorpes Tourist Information Centre

**\*Booking/transaction fee may apply/ Restoration levy included**



Bradley

Swimming

### Football Course

at Bradley Football Development Centre

Pick up new tricks and skills at this five-day football course. A great time is had by all, new friendships are formed and all the children are rewarded for their commitment.

**Monday 23 October to Friday 27 October**

From 10am-3pm, with bolt-on sessions to extend the day's activities. Food packages are also available. For children aged 5 to 14. Course costs £30.

To book call (01472) 325300 or email paul.goodhand@lincsinspire.com or gary.precious@lincsinspire.com



### Swimming Lessons

at Immingham Swimming Pool

**Crash Course (3 days) - £13.50**

**Monday 23 October**

**to Wednesday 25 October**

Stages 1 and 2: 9am-9:30am

Stages 3 to 6: 9.30am-10am

**Distance Award Swim - £4.50**

**Thursday 26 October from 9am-11am**

For those in stages 7 plus.

Certificates not included.

Book in advance at reception or call (01469) 516003.



Cycle skills

### Learn to Ride

at Bradley Football Development Centre

**Tuesday 24 October**

One hour slots available to book for a one-to-one session where our instructors will aim to teach children to ride a bike. For year 3s and above. **£8 a session.**

### Bikeability

at Bradley Football Development Centre

**Thursday 26 October**

A one-day course for level 1 and 2. Work in small groups with our instructors. Level 1 will be delivered off-road and Level 2 will be on-the-road training. £15 10am to 3pm.

**Loan bikes available at an additional £5 and helmets at £2.**



### Arts and Crafts

at Signhills Academy

Sticking, splodging, painting, colouring and much more! For those crafty, creative youngsters – these arty days are fantastic fun!

**Tuesday 24 October from 10am-3pm**

For ages five plus. Seasonal theme. £10 per person. Please bring a packed lunch.

### Play In A Day

at New Waltham Academy

Calling all budding thespians. Immerse yourself in the world of theatre and try your hand at choreography, production and script writing.

**Tuesday 24 October from 10am-3pm**

For ages five plus. A full day of theatrical skills. £7.50 per person. Please bring a packed lunch.

Culture

### Dance

at Signhills Academy

Learn some new street dance skills with our energetic instructors.

**Thursday 26 October from 10am-3pm**

A great way to get active and have some fun. For ages five plus. £7.50 per person. Please bring a packed lunch.



To book a place on any of these activities contact Sports Development on (01472) 323349 or email sports.development@lincsinspire.com. Consent forms (back page) are required for these fully supervised activities and must be brought with you at the start of the session.

# Leisure



Across our leisure centres we run weekly family-friendly leisure and sporting activities. Visit our website for full details.

Our swimming pool timetables change over the half term. These can be picked up in the centres or downloaded online at [www.lincsinspire.com/enterprise/HolidayActivities](http://www.lincsinspire.com/enterprise/HolidayActivities)

## NEW! 10 days for £10

at Lincs Inspire leisure centres

Enjoy 10 consecutive days of fitness and leisure with our new Junior pass.

8 to 15 year olds can use our newly extended Junior Gym at Cleethorpes Leisure Centre and also swim during public sessions at Cleethorpes, Grimsby and Immingham Leisure Centres. Aged 11 or over? Then you can also make use of our adult gyms at specific times. Please check full details and terms and conditions upon sign-up.



## Junior Gym at Cleethorpes Leisure Centre

Monday 23 October to Friday  
27 October from 10am-6pm

Extended opening hours during the  
October half term holidays.

## Family New Age Kurling at Grimsby Leisure Centre sports hall

New Age Kurling is a form of the original  
Curling game. It's adapted so that it can be  
played indoors on smooth, flat surfaces.

Monday 23 October from 12noon-1pm

Wednesday 25 October  
from 12:30pm-1:30pm

The sessions are low intensity and can  
easily be adapted for different ranges of  
mobility as needed. £3 per person. All ages  
welcome. Children must be supervised by  
an adult.

## Family Roller Disco at Grimsby Leisure Centre sports hall

Wednesday 25 October  
from 4pm-5:30pm

Saturday 28 October  
from 5pm-7pm

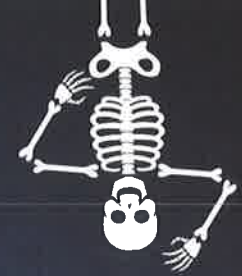
A family fun, Halloween themed roller  
disco open to all ages. £3 per person.  
Children must be supervised by an adult.  
Roller hire is £1.30.

## Disability Basketball at Grimsby Leisure Centre sports hall

Come shoot some hoops in our disability  
basketball session open to all ages  
and abilities.

Monday 23 October from 1:30pm-3pm

Drop in and play in this family friendly  
session. £2.50 per session.



## Aqua Run Inflatable Swimming

at Immingham Swimming Pool

Competent swimmers only but non-  
swimmers and families have access  
to the shallow end for swimming.

Friday 27 October from 9am-10am

Booking required (01469) 516003.  
Adults £3.50. Juniors £3.00. Free for those  
on a direct debit Lincs Inspire fitness  
membership.

